

## WE WHO HAVE FORGOTTEN

We, who have forgotten, measure our worth and our lives by a linear method known as time.

We know our self only through the passing of the seasons, the phases of the moon, the rising and setting of the sun.

We know our self and all others, not by the light that shines from within, but by the works that we do upon our life journey.

We know our self and all others, only by the belief systems that have been created, that we are born into.

We know our self and all others, only by the illusions that we choose to perceive as reality.

We, who have forgotten, know only of ourself through others that we meet and picture within our minds.

We, who have forgotten, know nothing of our self in relation to all of life and the very presence of life all around us.

We, who have forgotten, see only through the eyes of our minds, rather than the eyes of our heart, out of which our spirit comes to life.

We, who have forgotten, choose not to remember the spirit that is born in our heart and is within every other living presence that we greet.

We, who have forgotten, are truly blessed by a presence that has never forgotten us.

For it is in this presence that is known by many names; God, Creator, Mother-Father God; that we are blessed and remembered.

It IS in this presence that we are remembered and may choose to remember that we need not be the ones that have forgotten.

We need only BE and allow the presence that is within us to flow in perfect harmony and love.

We, who have forgotten, search through many avenues, to find the expression of the presence that is within us.

Even in our forgetting that presence moves through us; from within us creating miracles and joy that are never known.

For often it is in our forgetting that our greatest work is done.

For often it is in our forgetting that we are closest to self and closest to the presence of life within all of life.

For whatever teaching or discipline that you choose as your path out of forgetting - it IS in your very presence that life and the presence within all of life - moves forward in each and every heart.

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